

C Major Right Hand Speed Exercise

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Though specifying 4/4 attempt to play the 6 notes as if it is one beat or 6 in one pulse. Pay attention to alternation of the RH fingers. Pause between measures. In other words, play 6 notes descending, pause, play 6 ascending, pause. We are not trying to fatigue the RH. The idea is to work up to a blistering speed by convincing the mind that the fingers can move faster if we allow them to do so. The next stage is where the accuracy and speed are actually developed.

Musical notation for the first exercise, showing a descending and ascending sequence of six notes in 4/4 time, with fingerings m, i, m, i, m, i.

In this following staff, we are playing exactly as written. Again, we are attempting to play each group of notes as if they are one pulse. Alternation of the RH is key. The RH and arm should be relaxed and easy. As your facility with this exercise increases, your RH and LH coordination will improve dramatically.

In the next stage, we are increasing the scope of the C Major Scale in Open position. We will follow the same pattern as seen below, though this time we are following through to the low E of the guitar.

Musical notation for the second exercise, showing a descending and ascending sequence of six notes in 4/4 time, with fingerings m, i, m, i, m, i.

Attempt to think of each group of notes as one phrase and play it as such. Longer phrases can be broken into 2, 3 or 4 parts as you wish.

Musical notation for the third exercise, showing a descending and ascending sequence of six notes in 4/4 time, with fingerings m, i, m, i, m, i.

Musical notation for the fourth exercise, showing a descending and ascending sequence of six notes in 4/4 time, with fingerings m, i, m, i, m, i.

Some key points to bear in mind: 1. Keep nails short and smooth. 2. Attempt to strike at the same point of the fingertip where the nail meets. 3. Try to think of every group of notes as one phrase. 4. Don't worry sloppy play...push yourself to move as quickly as possible...your brain and body will catch up to each other. 5. Remember to do this with m-a alternation also.

Musical notation for the fifth exercise, showing a descending and ascending sequence of six notes in 4/4 time, with fingerings m, i, m, i, m, i.

Musical notation for the sixth exercise, showing a descending and ascending sequence of six notes in 4/4 time, with fingerings m, i, m, i, m, i.

The final step to this simple exercise set is to reverse the process, from the low E all the way up to the high G with which this all began. Remember...this is a patience and discipline game you are playing with yourself. You will see dramatic improvement, maybe immediately, but have patience with yourself and...work at it every day with as much time as you can afford within reason.

Musical notation for the seventh exercise, showing a descending and ascending sequence of six notes in 4/4 time, with fingerings m, i, m, i, m, i.